



ATLANTIC GOLD

ATLANTIC EXCEEDS FULL YEAR 2018 PRODUCTION GUIDANCE, ACHIEVES PRODUCTION OF 90,531 OUNCES AND ANNOUNCES 2019 GUIDANCE

Expected to produce between 92,000 and 98,000 ounces of gold at All-In-Sustaining-Costs between CAD\$695 - \$755 / oz. (US\$521-566/oz.*)

January 16, 2019

Canadian dollars unless otherwise noted

Vancouver, British Columbia – Atlantic Gold Corporation (TSX-V: AGB) ("Atlantic" or the "Company") is pleased to report that its Moose River Consolidated Gold Mine ("MRC") in Nova Scotia exceeded its 2018 production guidance and reports gold production and sales for the fourth quarter and full year 2018. Following the successful ramp up and full year 2018 production for the initial Phase 1 of operations, the company is also announcing 2019 production guidance which includes:

Production Guidance	2019**
Production between	92,000-98,000,000 ounces of gold
Cash Costs between	CAD\$560-\$610/oz. (US\$420-458/oz.*)
All-In-Sustaining-Costs (AISC) between	CAD\$695/oz. - \$755/oz. (US\$521-566/oz.*)
Capital expenditures other than Sustaining Capital	\$5 to \$7 million
Sustaining capital expenditures	\$7 to \$9 million

*assumes an exchange rate of CAD\$0.75

**see "Non-IFRS Performance Measures" section at the end of this news release

Operating and production statistics for both the full fourth quarter and 2018 can be found in the below table:

Production	Q4 2018	2018*
Tonnes Milled (t)	540,903	2,108,420
Gold Head Grade (g/t)	1.37	1.41
Gold Produced (oz)	22,509	90,531
Gold Recovery (%)	94.7%	94.9%

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Sales statistics for both the full fourth quarter and 2018 can be found in the below table:

Sales	Q4 2018	2018*
Gold ounces sold	23,405	90,346

**2018 represents 12 months of production and includes 2 months of ramp-up as commercial production was declared effective March 1, 2018.*

Maryse Bélanger, President and Chief Operating Officer, commented *“We are proud to have exceeded our 2018 production guidance. The production of 22,509 ounces during the quarter, allowed us to finish the year slightly above our full year production guidance of 82,000-90,000 ounces, as announced on January 19, 2018. Achieving three quarters of steady-state production in just the first year of operations is an important milestone. I am proud of what the team has accomplished, and it was made possible by their hard work, attention to safety and dedication. With a full year of production at average reserve grade, we continue to see a good resource model to production reconciliation.*

While full year production is expected to be between 92,000 and 98,000 ounces we have planned for a lower production rate for the first quarter of 2019 at higher than average cash costs and AISC. The mine production schedule, mill liner change scheduled for late January, an allowance for weather events and initiating the rebuilds on the mining fleet all contribute to lower production forecast and higher cash costs and all-in sustaining costs for the period.”

The Company is still compiling assay results from its drilling programs completed in late 2018 at Touquoy, Fifteen Mile Stream, Cochrane Hill and the 149 Deposit. Moreover, based on exploration success at the different projects to date Atlantic plans on continuing its exploration activities throughout 2019. The release of updated mineral resource and mineral reserve estimates plus the combined life of mine plan (LOM) is planned for the latter half of Q1 2019.

Furthermore, the Company plans to release its fourth quarter and year end 2018 financial results on March 5th, 2019 pre-market.

Qualified Persons

Kodjo Afewu, Ph. D., SME (CP), Plant Manager for the Company and a Qualified Person as defined by NI 43-101, has approved the scientific and technical information contained in this news release.

Conference Call Details

Atlantic Gold Corporation is hosting a live Q&A conference call to discuss the fourth quarter and year end 2018 results on March 5th at 2:00 pm Eastern time (11:00 am Pacific time) with the Atlantic executive team.

Further updates will be provided in due course.

On behalf of the Board of Directors,

Steven Dean
Chairman and Chief Executive Officer

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Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

About Atlantic:

Atlantic is a well-financed, growth-oriented gold development group with a long term strategy to build a mid-tier gold production company focused on manageable, executable projects in mining-friendly jurisdictions.

Atlantic is focused on growing gold production in Nova Scotia beginning with its MRC phase one open pit gold mine which declared commercial production in March 2018, and its phase two Life of Mine Expansion which will ramp up gold production to + 200,000 ounces per year (by 2022) at industry lowest decile cash and all-in-sustaining-costs (as stated in the Company's news releases dated January 16, 2019 and January 29, 2018).

Atlantic is committed to the highest standards of environmental and social responsibility and continually invests in people and technology to manage risks, maximize outcomes and returns to all stakeholders.

Forward-Looking Statements:

This release contains certain "forward-looking statements" and certain "forward-looking information" as defined under applicable Canadian and U.S. securities laws. Forward-looking statements and information can generally be identified by the use of forward-looking terminology such as "may", "will", "expect", "intend", "estimate", "anticipate", "believe", "continue", "plans" or similar terminology. Forward-looking statements and information are not historical facts, are

made as of the date of this press release, and include, but are not limited to, statements regarding discussions of future plans, guidance, projections, objectives, estimates and forecasts and statements as to management's expectations with respect to, among other things, the activities contemplated in this news release and the timing and receipt of requisite regulatory, and shareholder approvals in respect thereof. Forward looking information, including future oriented financial information (such as guidance) provide investors with an improved ability to evaluate the underlying performance of the Company. Forward-looking statements in this news release include, without limitation, statements related to proposed exploration and development programs, grade and tonnage of material and resource estimates. These forward-looking statements involve numerous risks and uncertainties and actual results may vary. Important factors that may cause actual results to vary include without limitation, the timing and receipt of certain approvals, changes in commodity and power prices, changes in interest and currency exchange rates, risks inherent in exploration estimates and results, timing and success, inaccurate geological and metallurgical assumptions (including with respect to the size, grade and recoverability of mineral reserves and resources), changes in development or mining plans due to changes in logistical, technical or other factors, unanticipated operational difficulties (including failure of plant, equipment or processes to operate in accordance with specifications, cost escalation, unavailability of materials, equipment and third party contractors, delays in the receipt of government approvals, industrial disturbances or other job action, and unanticipated events related to health, safety and environmental matters), political risk, social unrest, and changes in general economic conditions or conditions in the financial markets. In making the forward-looking statements in this press release, the Company has applied several material assumptions, including without limitation, the assumptions that: (1) market fundamentals will result in sustained gold demand and prices; (2) the receipt of any necessary approvals and consents in connection with the development of any properties; (3) the availability of financing on suitable terms for the development, construction and continued operation of any mineral properties; and (4) sustained commodity prices such that any properties put into operation remain economically viable. Information concerning mineral reserve and mineral resource estimates also may be considered forward-looking statements, as such information constitutes a prediction of what mineralization might be found to be present if and when a project is actually developed. Certain of the risks and assumptions are described in more detail in the Company's audited financial statements and MD&A for the year ended December 31, 2017 and for the quarter ended September 30, 2018 on the Company's SEDAR profile at www.sedar.com. The actual results or performance by the Company could differ materially from those expressed in, or implied by, any forward-looking statements relating to those matters. Accordingly, no assurances can be given that any of the events anticipated by the forward-looking statements will transpire or occur, or if any of them do so, what impact they will have on the results of operations or financial condition of the Company. Except as required by law, the Company is under no obligation, and expressly disclaim any obligation, to update, alter or otherwise revise any forward-looking statement, whether written or oral, that may be made from time to time, whether as a result of new information, future events or otherwise, except as may be required under applicable securities laws.

Non-IFRS Performance Measures

The Company has included certain non-IFRS measures in this news release. The company believes that these measures, in addition to conventional measures prepared in accordance with IFRS, provide investors with an improved ability to evaluate the underlying performance of the company. The non-IFRS measures are intended to provide additional information and should not be considered in isolation or as a substitute for measures of performance prepared in accordance with IFRS. These measures do not have any standardized meaning prescribed under IFRS and therefore may not be comparable with other issuers. Readers should refer to the Company's management discussion and analysis, available on the Company's profile on SEDAR and on the Company's website, under the heading "Non-IFRS Performance Measures" for a more detailed discussion of how the Company calculates certain such measures and reconciliation of certain measures to IFRS terms.

Cash costs

Cash costs are a common financial performance measure in the gold mining industry but with no standard meaning under IFRS. Atlantic reports total cash costs on a sales basis. The Company believes that, in addition to conventional measures prepared in accordance with IFRS, such as sales, certain investors use this information to evaluate the Company's performance and ability to generate operating earnings and cash flow from its mining operations. Management uses this metric as an important tool to monitor operating cost performance.

Cash costs include production costs such as mining, processing, refining and site administration, less non-cash share-based compensation divided by gold ounces sold to arrive at total cash costs per gold ounce sold. Costs include royalty payments and permitting costs. Production costs are exclusive of depreciation. Other companies may calculate this measure differently.

All-in sustaining costs

The Company believes that AISC more fully defines the total costs associated with producing gold. The company calculates all-in sustaining costs as the sum of total cash costs (as described above), corporate general and administrative expense (net of stock-based compensation), reclamation cost accretion and amortization and sustaining capital, all divided by the gold ounces sold to arrive at a per ounce figure.

Other companies may calculate this measure differently as a result of differences in underlying principles and policies applied. Differences may also arise due to a different definition of sustaining versus growth capital.